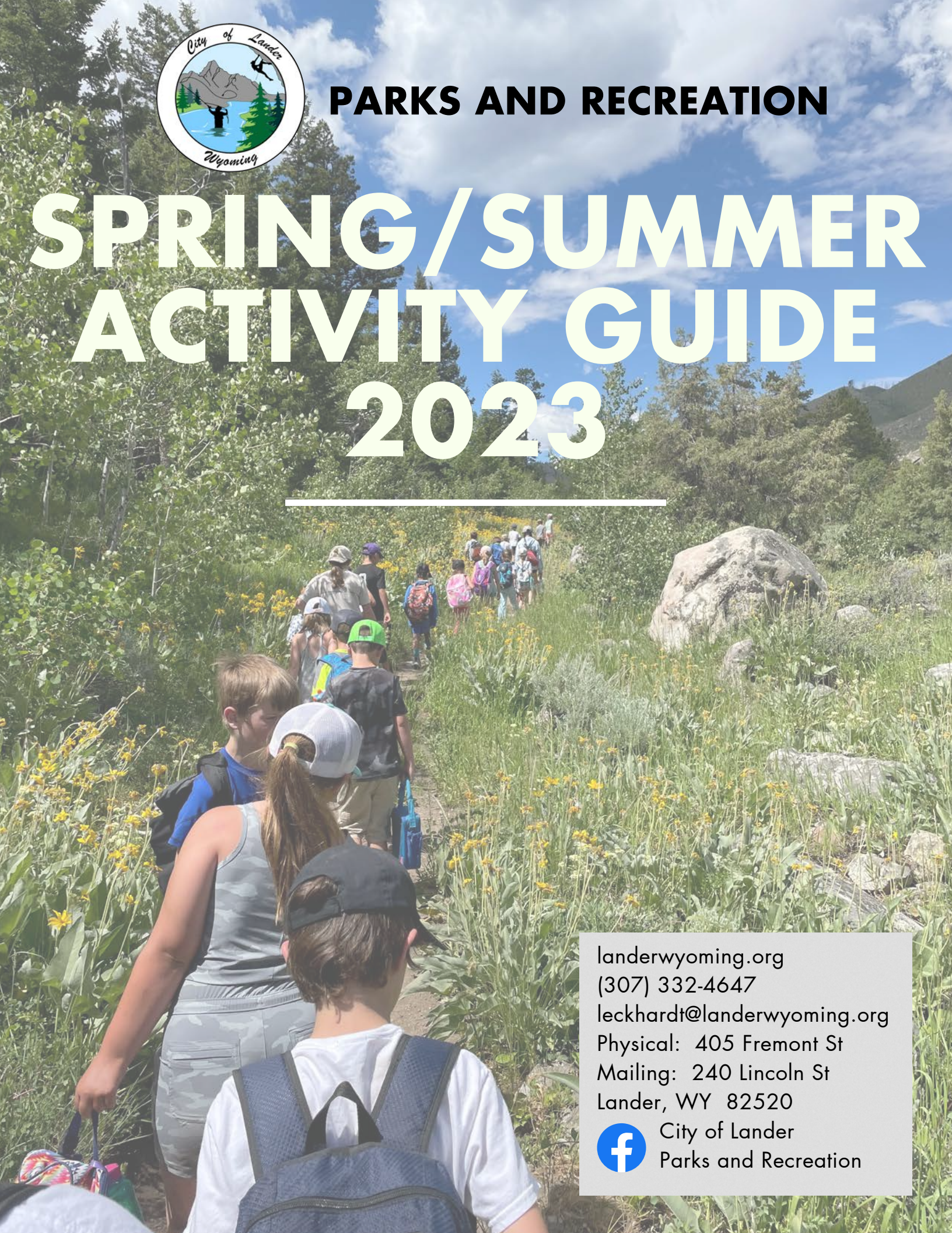





PARKS AND RECREATION

SPRING/SUMMER ACTIVITY GUIDE 2023

A group of children are hiking on a dirt trail through a lush, green landscape. The trail is lined with tall grass and yellow wildflowers. In the background, there are large, light-colored boulders and more greenery. The sky is blue with some white clouds. The children are wearing various hats and backpacks, and some are carrying water bottles. They are all walking away from the camera, following the path into the distance.

landerwyoming.org
(307) 332-4647
leckhardt@landerwyoming.org
Physical: 405 Fremont St
Mailing: 240 Lincoln St
Lander, WY 82520
 City of Lander
Parks and Recreation

The City of Lander is an Equal Opportunity Provider

By enrolling in the City of Lander's Parks and Recreation Programs Participant or Participant's parent/guardian agrees as follows:

Image release. Participant, or Participant's parent/guardian on behalf of themselves and on behalf of Participant, Participant's heirs, successors, assigns, executors, and administrators, hereby grant permission to the City of Lander to take and use visual/audio images and recordings of Participant in connection with any media, including but not limited to the City of Lander's websites, publications, promotions, broadcasts, and advertisements of Parks and Recreation Programs. Participant, and if applicable, Participant's parent(s)/guardian(s) on behalf of themselves and on behalf of the Participant, Participant's heirs, successors, assigns, executors, and administrators, hereby allow the City of Lander to publish and/or distribute material containing the images, and further release any claims or damages they may have presently or have at any time in the future in connection with the use of visual/audio images or recording for the purpose of advertising the City of Lander's Parks and Recreation Programs.

REGISTRATION

Registration for all programs run through Parks and Recreation will be open on May 1st. Online registration will open at 7am. In person registration will begin at 7:45 am in the Parks office. All Parks and Recreation offerings listed in this catalogue have an asterisk** next to their titles. Go to landerwyoming.org/parks-and-recreation/page/payments or landerparksandrec.sportsites.com to sign up. Registration will be open up to one week before the scheduled activity begins or until the class is full.

PARKS AND REC POLICY

It is the policy of the City of Lander Parks and Recreation Department to waive partial tuition fees for children who are unable to pay the full fee for participation in City Parks and Recreation Programs. To be eligible, the family must earn an income below the level set and submit an affidavit stating and verifying their income. Forms are available at the time of registration. In order to participate in any City Parks and Recreation program, participants must first be registered, and either pay the required fee, or obtain a waiver through filing of the appropriate documents and pay the adjusted fee. All participants should be aware that the City of Lander does not carry insurance for injury to participants of programs. Participants are encouraged to carry health insurance.

PAYMENT

The Parks and Recreation Department will no longer accept personal checks as payment for deposits, user fees, or program registrations. We will gladly accept cash, credit or debit cards. You must pay for the classes or activities at the time of registration unless otherwise stated in this brochure. All activities are on a first come basis. (Fee listed covers the entire activity period unless otherwise noted.)

CANCELLATION

The Parks and Recreation Department reserves the right to cancel any class or activity due to insufficient registration, lack of facilities or lack of instructors/supervisors. A full refund will be given for any canceled class or activity.

REFUNDS

No refunds will be given for any reason other than cancellation of a class or activity. You may drop a class up to one week before the scheduled starting date and a credit toward another Parks and Recreation activity will be given. This credit will be good for one full year.

HOLIDAYS

No classes or programs will be held on holidays.

PARKS AND RECREATION DEPARTMENT STAFF

Office Manager: Lori Eckhardt

Park Foreman: Kevin Johnson

Assistant Park Foreman: Jason Byrd, Brett Finlayson

The City of Lander is an equal opportunity provider

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Sinks Canyon Camp**

Your favorite camp is back for more action-packed adventures! Join us and pan for gold, use a bow and arrow, sing songs around the campfire, sleep in a tent and so much more! We can't wait to see you there.

Camp is based at the Warming Hut in Sinks Canyon.

DATES: July 17-21, July 24-28, July 31-August 4

TIMES: 8:00am-5:00pm (Monday-Friday)

AGES: Entering 4th grade to entering 6th grade

FEE: \$100 per session

LIMIT: 30

DIRECTOR: TBA

If you are between the ages of 13-16 and are interested in being a junior counselor, please contact the parks office for an application. 307-332-4647

NOTE: *This camp offering is available pending adequate staffing.*

Sinks Canyon Camp Junior**

We're bringing the Sinks Canyon Camp experience to campers entering 1st through 3rd grade! Join us to discover the wonders of Sinks Canyon, go on hikes, play games, make new friends and so much more! We will be having a family campfire on Thursday evening but no overnight. Instead we'll be having a pancake breakfast on Friday!

DATES: June 27-30, July 11-14

TIMES: 8:00am to 5:00pm (Tuesday thru Friday)

AGES: Entering 1st to entering 3rd grades

FEE: \$75

LIMIT: 30

DIRECTOR: TBD

If you are between the ages of 13-16 and are interested in being a junior counselor, please contact the parks office for an application. 307-332-4647

NOTE: *This camp offering is available pending adequate staffing.*

Summer Movies**

This program is conducted in cooperation with the Grand Theatre. There will be 8 movies shown throughout the summer beginning in June and running through August. Movie times will be every Wednesday and Thursday at 1:00pm. Each movies is \$3 at the door and a full movie pass is \$15. Movie passes can be picked up at the Parks Office at 405 Fremont Street.

Pickleball**

Kids - come learn the fast growing sport of pickleball with your local pickleball players! It's a little bit tennis, a little bit ping pong, and a whole lotta fun. Equipment provided!

DATES: June Session - June 20, 21, 22

July Session - July 18, 19, 20

TIMES: 8:30am-10:00am

AGES: 8 to 12 years

FEES: \$15 for each 3 day class

LIMIT: 8 students per session

LOCATION: Dillon Park tennis courts

INSTRUCTOR: Marnie Fusco- marniefusco@gmail.com

Let's Play**

Let's spend the month of June outside learning all sorts of sports and fun outdoor games at City Park. We will have t-ball, soccer, kickball and much more!

DATES: June 5-June 30, Mondays through Thursdays

TIMES: 10:00am-11:00am OR 1:00pm to 2:00pm

AGES: Boys and Girls ages 3 to 5

LIMIT: 8-10 students per session

FEE: \$45

LOCATION: City Park Little League Field

INSTRUCTORS: Parks and Rec Staff



Wyoming Wildlife Federation Summer Education

Wyoming Wildlife Federation has offerings to connect kids and folks of all ages to wildlife and wild places.

Visit wyomingwildlife.org/lander-summer-camps for details and to sign up.

Little Explorers: Each child has a tiny inner scientist, and we will use our powers of observation to explore the natural world around us while learning fun facts about Wyoming wildlife. We'll express ourselves through song, art, experiments, and play. Each day includes new opportunities to learn and play including stories, art, science, and opportunities for free child-directed play. Located in City Park.

DATES: June 5-9

TIMES: 9:00am-Noon

AGES: 3.5-5

COST: \$80

Adventure Playground: Are you kids climbing the walls after the 4th of July? This is a no programming option, just supervised play in a natural setting. Kids free playing outside develop better gross motor skills, risk assessment skills, and social skills. We give them the opportunity to explore and play outdoors like kids have for hundreds of years before video games and electronic gadgets in a safe, supervised setting.

DATES: July 5, 6, 7

TIMES: 8:30am-2:00pm

AGES: 6-12

COST: \$35 per day

Outdoor Skills: Packing, camping, cooking, navigating, practicing leave no trace, and staying safe. Being outdoors involves a lot of skills and being comfortable and safe outdoors sets kids up for a lifetime of fun. We will explore native habitats, learn some new skills, and have a great time doing it! Leaves from WWF Office.

DATES: July 10-14

TIMES: 8:30am-3:00pm

AGES: 9-14

COST: \$175

Creative Ecology: Let's get creative while we learn about Wyoming's native ecosystems and ecology. We'll use stories, art, and movement to understand science. There will also be outdoor skill building, and opportunities for free child-directed play in a natural setting. Based in Sinks Canyon State Park.

DATES: August 7-11

TIMES: 8:30am-3:00pm

AGES: 6-9

COST: \$125

OPTIONS: \$25 Early Bird 7:45-8:30am, \$30 Afternoon Play 3:00-4:00pm

Ecological Engineers: Learn about Wyoming ecology and conservation through engineering. Each day includes new opportunities to learn and play including stories, engineering challenges, art, science, outdoor skill building, and opportunities for free child-directed play in a natural setting based in Sinks Canyon State Park.

DATES: August 14-18

TIMES: 8:30am-3:00pm

AGES: 6-9

COST: CAMP \$125

OPTIONS: \$25 Early Bird 7:45-8:30am, \$30 Afternoon Play 3:00-4:00pm





MAW Children's Pioneer School

The Museum of the American West will offer four, one week session summer programs this year. Please register Monday, May 1st, at the Parks and Rec building, or call 335-8778.

DATES: Session 1 June 5-9

Session 2 June 12-16

Session 3 June 19-23

Session 4 June 26-30

TIMES: 9:00 am to 12:00 noon, Monday through Friday

AGES: Entering 2nd through entering 7th grades

FEE: \$40

LOCATION: Museum of the American West (Village Office)



Renegade Fitness Youth Class

Renegade Fitness is excited to offer our youth fitness program again for 2023! Children will learn the importance of lifelong fitness while being exposed to functional movements that will be used throughout life to develop strength, endurance, stamina, agility, and flexibility!

DATES: June 6-22, every Tuesday and Thursday

TIMES: 3:00-4:00pm

AGES: 10-14, no experience necessary

COST: \$45

Due to space, spots are limited so sign up today by emailing renegadefitnesswyo@gmail.com or call Nik at (307) 351-2699.

Elemental Performance + Fitness Youth Rock Climbing Camp

Join us for a week of rock climbing! We'll focus on technique, belaying, knots, and good old fashioned fun.

SESSION 1: July 17-21

Monday-Wednesday Gym Day and Friday Gym Day

Thursday Outdoor Day, 9:00am-3:00pm

SESSION 2: August 7-11

Monday-Thursday Gym Day

Friday Outdoor Day, 9:00am-3:00pm

AGES: Gym Day Ages 5-7 from 8:00-9:45am

Gym Day Ages 8-14 from 10:00am-Noon

FEE: \$150, after a 55% subsidy from the local climbing organization WyoClimbers

LOCATION: Elemental Performance + Fitness

REGISTER: www.lmmtl.net/store/elemental-climbing-camp/

Enrollment opens up online on May 15th at 7:00am.

If you have any questions please contact Charlie Manganiello at charlie@elementalgym.com.



Wyoming Shakespeare Summer Academy

Under the direction of Diane Springford and Wyoming Shakespeare Festival Company, students focus on stagecraft and classical text. While exploring universal aspects of the human experience, they gain confidence to succeed on and off stage.

DATES: June 26-July 21 (except July 4-5), Monday-Friday

TIMES: 8:30am-12:30pm

AGES: 7-17

COST: \$80

LOCATION: Lancer Valley High School Auditorium

Students present open performances of HENRY V on July 19, 20, and 21.

For more information and to register please contact Diane at (307)349-8636, wyoshakes@gmail.com, or check the website at www.wyomingshakespeare.org.

Lander Tiger Basketball

We are always trying to grow and improve our youth basketball options. We're trying some new formats this summer for Lander Valley Basketball programs. Sessions will be covered by coaches, volunteers, and high school players. We attempt to achieve a small coach to participant ratio to limit lines.

3 on 3 Summer League-Grades 1-4

This "league" gives young kids the opportunity to play the game in a simple and free-flowing fashion. There will be some initial skill work/warm up but the majority of the time we play "full court" and adjust a few of our rules on the basis of age/ability. We limit the amount of restrictions in order to promote as much creativity and fun as we can. We have found that kids do not care about the rules and regulations as much as adults tend to. Nor do they care about the score. They want to engage with the game, to figure it out, and to just play. This is their opportunity.

GRADES: 1-4

DATE: June 2023

DAYS: Mondays and Wednesdays

FEE: \$35

LOCATION: TBD

4 on 4 Summer League-Grades 5-8

This "league" is designed to promote as much freedom and creativity as possible during each session. Play consists of four 12 minute quarters. If we do keep score, it will only be for two of those quarters, with the score reset following each. We do not keep standings or award championships. If possible, we are going to have shot clocks set up to encourage quick decisions and add a new element to learning. The goal is for kids to take more risks, to develop different skills, and to engage with the sheer fun of the game.

GRADES: 5-8

DATE: June 2023

DAYS: Tuesdays and Thursdays

FEE: \$35

LOCATION: TBD

Summer Shooters Club

Participants who sign up will receive a 1-hour in-person basketball shooting clinic per week for 8 weeks during the summer. Drills will be shown that can be worked on during the course of the week and logged on a supplied shot-tracker. Shot trackers will be turned in each week. Goals will be set with each participant to reach a desired amount of makes. T-shirts and other rewards will be supplied for participants who complete the program!

GRADES: 1-12

DATE: June and July for 8 weeks

FEE: \$25

LOCATION AND TIME: TBD



Sign ups for all Lander Valley Basketball will be done through the Parks and Rec website. Registration will end June 9th. Specific times and locations will be announced one week prior to the first session. Please contact Coach Stu Mullins at smullins@landerschools.org for any questions.

Summer Reading Program at the Lander Library

We encourage all ages to participate in our summer programs! Toddlers through teens can earn prizes by reading. Weekly children's programs are Wednesdays at 10:30 am running from June 7th through July 26th. Different weeks will have a different activity such as music, art, cooking, games, etc. For registrations and more information please call 307-332-5194 or check our Facebook page (Fremont County Library System-Lander) for the most up-to-date information.

Summer Kickoff: Foam Party, May 26, 3:00pm

Monthly Story Time Dance Parties: June 16, July 14, August 18 at 10:30am.

Annual Lego Exhibition: August 3, 6:00-7:00pm, ages 4-18, registration required

CanTeen Activities: Wednesdays beginning June 7, 3:00-5:00pm, Grades 7 and up

Teen Game Room: Open hours as staffing allows

Babysitter Training for Teens: June 20, 1:00-5:00pm, registration required

Adult Activities: Call 307-332-5194 for more information. We also host a weekly game night (16+) at the library.

The Rock Church Life Center

The Rock Church Life Center is open to the public on Tuesdays and Thursdays from 10am to 5:30pm free of charge. We have some new changes that you will enjoy.

We host climbing activities for students and adults on Tuesdays & Thursdays from 4pm to 5:30pm.

The newest update for 4th and 5th graders, you can now come to the facility without your parents. With this change, 4th through 12th graders can now come hang out with us after school. We ask that the family waiver form be on file prior to your arrival.

We are open to birthday parties on Friday and Sunday afternoons.

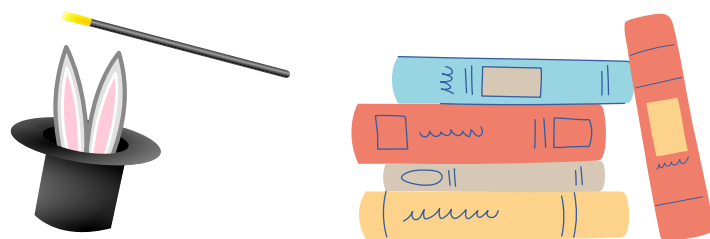
We are also available for programs like schools, home schools, climbing programs, basketball practice, and other programs that will benefit our youth. All programs are approved by the senior pastor. Programs operate on Monday, Wednesday, and Fridays.

We are located at 150 Baldwin Creek Road in Lander. For more information please call 307-332-2636. You can also visit our website at www.rockchurchwy.com. Our hours are Tuesdays and Thursdays from 10am to 5:30pm.

Bookmarked Literary Arts Festival

The 4th annual Bookmarked Literary Arts Festival is proud to announce award-winning author Chris Bohjalian will be sharing his work with us at this year's festival, Friday, September 29-October 1. Bookmarked connects local readers and local writers. It is like an art show, but for Wyoming's literary artists. Writers from all over the state will be reading their work, to you--Wyoming's readers! See www.bookmarkedfestival.com for important updates as the festival gets closer.

Youth Flash Fiction Contest: Grades 4-12 in Fremont County are invited to submit a story of 1,000 words or less for cash prizes. Details will be available at the Fremont County Libraries and on our website.



2023 Lander Children's Museum Summer Classes

Please call the museum at 332-1341 for class registration. All classes will be held at the Children's Museum at 465 Lincoln Street

Royal Science Society

Princesses and princes are welcome by royal invitation to join us for this grand summer program where we will explore science in magnificent (and magical) ways! Dressing up is encouraged, but not required.

AGES: 4-8 years old

DATE: June 5-8

TIME: 9:00-11:00am

FEE: \$40

Ms. Cindy's Academy of Magic

Young wizards and witches are invited to join us this summer to discover and hone their beginning "magic" skills. We will learn tricks, optical illusions, and explore the question, "Is it magic? Or is it science?" (It might just be a little bit of both!)

AGES: 5-8 years old

DATE: June 19-22

TIME: 9:00-11:00am

FEE: \$40

Get Outside With CWC!

Registration Opens Friday, March 17!



3 Easy Ways to Register

ONLINE

cwclander.eventbrite.com

IN PERSON

Monday - Friday, 8:00am to 5:00pm
120 Enterprise Boulevard
Lander, WY 82520

PHONE

307.332.3394

Payment is due at the time of registration. Refunds are issued up to 7 days before the start of a class. Classes may be cancelled due to low enrollment. In this case, registration fees will be refunded.

Scholarships

Scholarships are available for our youth summer programs!!

For more information on the application process, please contact CWC Lander at 307.332.3394 or landercenter@cwcc.edu

KEEPING OUR COMMUNITY & KIDS SAFE

The safety of our community members and youth is our number one priority. Our staff is highly qualified with skills certifications and years of teaching experience!

Our instructors are certified to teach mountain biking through the IMBA and PMBIA. Additionally, our instructors hold Wilderness First Responder or First Aid certifications.



Rock Climbing

All classes, unless stated otherwise, will take place in
Sinks Canyon State Park

Young Guns Climbing Series

This series of classes will help students take steps to be an independent climber. They will learn how to belay a lead climber, practice lead climbing, how to read climbing routes, and how to clean an anchor. All equipment provided.

For Wednesday classes, students will meet at CWC ASI.

MONDAYS: 3:30-5:00PM, ROCK CHURCH CLIMBING WALL
WEDNESDAYS: 3:00-8:00PM, SINKS CANYON STATE PARK
FOR STUDENTS 7TH - 12TH GRADE
COST: \$120 FOR ALL SESSIONS
\$15 FOR MONDAY DROP INS
\$35 FOR WEDNESDAY DROP INS

Young Guns Climbing - April: April 10 - 26

[HTTPS://APRILYOUNGGUNS.EVENTBRITE.COM](https://aprilyoungguns.eventbrite.com)

Young Guns Climbing - May: May 8 - 24

[HTTPS://MAYYOUNGGUNS.EVENTBRITE.COM](https://mayyoungguns.eventbrite.com)



Kids Rock Climbing

FRIDAYS, JUNE 16&23, JULY 7 & AUG 11 | 4:00 - 8:00PM
EACH DATE IS A SEPARATE CLASS
8 - 12 YEAR OLDS | COST: \$40 PER SESSION

No experience necessary! Students will learn the basics of climbing, including knot tying, belaying, movement, climbing safety & loads of fun. All equipment is provided.

[HTTPS://KIDSClimbing.EVENTBRITE.COM](https://kidsclimbing.eventbrite.com)

Little Monkeys Climbing

SATURDAYS, JUNE 17&24, JULY 8 AND AUGUST 12
8:30AM - 12:30PM | EACH DATE IS A SEPARATE CLASS
4-7 YEAR OLDS, WITH AN ADULT | COST: \$50 PER SESSION

Take those little monkeys out and see them safely climb outdoors. Participants must be accompanied by a guardian. Adults are not required to climb but we all love it when you do and kids love seeing adults getting outside their comfort zone!

[HTTPS://LITTLEMONKEYS.EVENTBRITE.COM](https://littlemonkeys.eventbrite.com)



Backpacking Expeditions

Power Up Expedition

SUNDAY, JUNE 25 - FRIDAY, JUNE 30
STUDENTS ENTERING 9TH -12TH GRADE
COST: \$399

This trip will push students' boundaries while building their physical and emotional confidence. They will learn how to work with a group and experience real life leadership opportunities. Students will have hands-on learning, giving themselves the independence and freedom from their day-to-day front country life. Students will challenge themselves by trail cooking, setting up a tent, fishing, map-reading and so much more. They will also get the opportunity to learn new skills like plant and animal ID, basic first aid, and Leave No Trace. These skills will leave them wanting more opportunities to challenge themselves!

Expedition Leader Stacy Wells, CWC Outdoor Education and Leadership adjunct instructor, has over 20 years of outdoor education experience.

[HTTPS://2023POWERUP.EVENTBRITE.COM](https://2023POWERUP.EVENTBRITE.COM)

Camp Popo Agie

SUNDAY, JULY 16 - SATURDAY, JULY 22
CWC ALPINE SCIENCE INSTITUTE
STUDENTS ENTERING 6-8TH GRADE
COST: \$450

The foothills of the Wind River Range will be students' home base for one week. Campers will take on outdoor rock climbing, mountain biking, canoeing, fly-fishing, arts & crafts, and archery. The camp will conclude with a three night backpacking adventure in the Wind River Range where campers will learn to set up a camp, cook for themselves, map skills and Leave No Trace and bear camping practices. It's a taste of many outdoor activities and an immersive experience that will make a deep imprint on campers, leaving them with lasting skills and confidence they can transfer to all aspects of their lives.

Camp Director Stacy Wells, CWC Outdoor Education and Leadership adjunct instructor, has over 20 years of outdoor education experience.

[HTTPS://2023CAMPPPOAGIE.EVENTBRITE.COM](https://2023CAMPPPOAGIE.EVENTBRITE.COM)





SCIENCE

JUNE 13 - 15

At LEAF Science Camp, students will spend their days conducting a variety of STEM (science, technology, engineering, and math) experiments and learning about local plants and animals, all while exploring everything the CWC Alpine Science Institute has to offer.

[HTTPS://LEAFSCIENCE.EVENTBRITE.COM](https://leafscience.eventbrite.com)



Join us for a three day adventure, learning and exploring at the CWC Alpine Science Institute!

While each LEAF Camp has a focus, camp will also include art projects, archery, hiking, yoga, Leave No Trace, water activities and more! Each camp will feature experts from the Lander community such as certified teachers, NOLS grads, CWC Outdoor Education interns, and local artists.

DAY CAMP

9:00am to 5:00pm
Students entering
2nd - 4th Grade
Cost: \$150

OVERNIGHT CAMP

Students entering
5th - 8th Grade
Cost: \$190

CLIMB & ART

AUGUST 1 - 3

At LEAF Climb & Art Camp students will have a chance to create art, rock climb, or both!

They will climb and hike in Sinks Canyon State Park, paint, draw, and sketch, all while exploring the CWC Alpine Science Institute.

[HTTPS://LEAFCLIMBANDART.EVENTBRITE.COM](https://leafclimbandart.eventbrite.com)



WACKY FISH CAMP



Wacky Fish Camp is weeklong outdoor experience for our youngest adventurers!

Students entering Pre-K through 1st grade, come build forts and fairy houses, sing songs, get to know the trees and animals, and make a lot of noise outside. It will be a week of fun-filled days with art, nature, and creating a love for the outdoors at the CWC Alpine Science Institute. At the end of the week, invite your family up for a campout, and howl at the moon!

[HTTPS://WACKYFISHCAMP.EVENTBRITE.COM](https://wackyfishcamp.eventbrite.com)

Two opportunities for kids to explore with us!

June 19 - 24

July 24 - 29

Monday - Thursday

8:00am - 4:00pm

Overnight Campout

Friday 5:00pm to

Saturday 9:00am

Cost: \$165 (each camp)

Mountain Biking

Women's Mountain Bike Clinic

FRIDAY - SUNDAY, MAY 5 -7

MAY 5: 5:00-7:00PM CHECK-IN AND HAPPY HOUR

MAY 6 & 7: 9:00AM-5:00PM EACH DAY

CWC ALPINE SCIENCE INSTITUTE

AGES: 18+

COST: \$250

Join us for two days of fabulous instruction designed for beginner and intermediate riders. This clinic will focus on fundamental bike skills: bike/body separation, breaking, dismounting, then moving on to cornering and obstacles. There will also be time to offer more skills by request: drops/jumps or reviewing other helpful skills.

Students must provide their own bike in good working condition (full suspension with flat pedals recommended), helmet, water bottle. Lunch will be provided each day.

BICP and PMBIA certified instructors, Stacy Wells and Lindsay Nohl, strive to create a fun and safe learning environment and welcome all body types, fitness level, skin color, LGBTQ+.

[HTTPS://WOMENSMTBCAMP.EVENTBRITE.COM](https://womensmtbcamp.eventbrite.com)

Next Level Mountain Bike Camp

MONDAY, JUNE 5 - THURSDAY, JUNE 8

CWC ALPINE SCIENCE INSTITUTE & GLENDO STATE PARK

STUDENTS ENTERING 7TH -12TH GRADE

COST: \$325

Prepare to take your mountain biking to the next level! The first day of camp will take place at the CWC ASI, teaching and reviewing bike fundamental skills. The next morning campers will meet at the ASI where instructors will drive everyone to Glendo State Park for 3 days and 2 nights jam packed with camping and biking.

During these 3 days, students will learn how to cook on a two-burner Coleman stove, bike repair, bike Leave No Trace, and trail navigation. They will also play games, roast marshmallows around the campfire, and swim in the lake.

Transportation, camping fees, equipment, and food will be provided. Students will need to provide their own front or full suspension bike, helmet, and water bottle. Bike rentals are available on a limited basis.

[HTTPS://NEXTLEVELMTBCAMP.EVENTBRITE.COM](https://nextlevelmtbcamp.eventbrite.com)



Mountain Biking (cont.)

Wild Cats Bike Camp

TUESDAY AND WEDNESDAY, JUNE 20 & 21

9:00AM TO 4:00PM EACH DAY

CWC ALPINE SCIENCE INSTITUTE

GRADES: ENTERING 2ND - 4TH GRADE

COST: \$125

Want to learn, have fun, play and get better at mountain biking? Join us at the ASI for Wild Cats Bike Camp! Youth will enjoy two full days of bike skills basics, bike maintenance, riding, bike Leave No Trace, art & crafts, water activities and hiking.

Students will need to provide their own bikes and helmets. Bike rentals are available on a limited basis for \$15 per day. Contact CWC Lander at 307-332-3394 or landercenter@cw.edu.

Bikes and helmets can be left at ASI for the duration for the camp, if needed.

[HTTPS://WILDCATSBKECAMP.EVENTBRITE.COM](https://wildcatsbikecamp.eventbrite.com)

Saber Tooth Bike Camp

MONDAY AND TUESDAY, AUGUST 14 & 15

CWC ALPINE SCIENCE INSTITUTE

GRADES: ENTERING 5TH - 8TH GRADE

COST: \$150

Join us for an overnight bike camp at ASI this summer!

Campers will learn and review bike fundamentals, bike maintenance, safety, and trail Leave No Trace, while getting to ride ASI and Sinks Canyon bike trails. Camp will also include arts & crafts and water activities. After a long day, there will be campfire cooking, s'mores and other campfire activities.

Transportation, tents, food will be provided. Students will need to provide their own front or full suspension bike, helmet, and water bottle. Bike rentals are available on a limited basis for \$15 per day. Contact CWC Lander at 307-332-3394 or landercenter@cw.edu.

[HTTPS://SABERTOOTHBIKECAMP.EVENTBRITE.COM](https://sabertoothbikecamp.eventbrite.com)



Other Personal Interest

Ethnobotany: Sinks Canyon

9:00AM TO 4:00PM
MEET AT BRUCE'S BRIDGE
AGES 16+
COST: \$50

This class will introduce students to important edible and medicinal plants. John Mionczynski's expertise and television documentaries have gained him worldwide recognition. Find out which plants were important both as food and for medicinal use to the native inhabitants of this area. This course is a mix of botany, history and chemistry with hands-on plant identification. Students will study plants in the Sinks Canyon area.

Saturday, June 17

[HTTPS://JUNEETHNOBOTANY.EVENTBRITE.COM](https://juneethnobotany.eventbrite.com)

Friday, July 21

[HTTPS://JULYETHNOBOTANY.EVENTBRITE.COM](https://julyethnobotany.eventbrite.com)

Ethnobotany: Red Canyon Rim

FRIDAY, JULY 7
9:00AM TO 4:00PM
AGES 16+
COST: \$50

This class will introduce students to important edible and medicinal plants. John Mionczynski's expertise and television documentaries have gained him worldwide recognition. Find out which plants were important both as food and for medicinal use to the native inhabitants of this area. This course is a mix of botany, history and chemistry with hands-on plant identification.

Students will study plants along the rim of the Red Canyon in South Pass. Information about where the class will meet will be communicated to students closer to the start of the class.

[REDCANYONETHNOBOTANY.EVENTBRITE.COM](https://redcanyonethnobotany.eventbrite.com)



CELEBRATING OUR 10TH YEAR!



LANDER SUMMER CAMP



A fantastic camp environment & memories for life, hosted by Lander Strikers Club!

- ✓ Skills & ball techniques
- ✓ Footwork exercises
- ✓ Finishing exercises
- ✓ Fun & exciting games

JUNE 26, 27, 28, 29

OPTION 1 - \$200

1 session per day
9am-11am

OPTION 2 - \$260

2 sessions per day
9am-11am & 12:30pm-2pm

Open to All Players - All Levels
Birth Year 2005-2017



REGISTER TODAY > CORESOCCER.COM

LANDER HIGH SCHOOL 350 BALDWIN CREEK RD, LANDER, WYOMING 82520

SOCCER SUMMER CAMPS '23

TRADITION MEETS INNOVATION



Why Challenger?



Passionate
International
Coaches



Established
Curriculum



Best-In-Class
Safety & Care



Value &
Affordability



Innovative
Programming



REGISTER NOW



COMING TO YOUR COMMUNITY THIS SUMMER

Lander Valley Youth Soccer

Lander High School Soccer Field

June 5th-9th, 2023



Questions? Contact info below:

- Challenger Sports
- camps@challengersports.com
- 1-844-674-8404

CHALLENGERSPORTS.COM

Dog Training Classes with Christi Chapman

Drop in classes will be on Tuesdays and Thursdays throughout the summer at various parks throughout Lander. There are also day clinics lined up as well. Rattlesnake Aversion Training will be set for April 15th.

Please go to <https://www.christichapman.org/services/html> for more information on all classes.

I also have a new partner for some classes! Nancy Lindsay is a member of the National Association of Canine Scentwork, Levels 1, 2, and 3. Learn more at <https://www.nacsw.net>. She is an AKC master level. She has a background in herding, agility, obedience and rally as well as the scent work, earning titles in all of these organizations with her dogs. Together, we will be offering classes introducing people to these sports, with the goal of getting some dog sporting groups started!





Admission
\$125
/camper



BASEBALL AND SOFTBALL CAMP

About This Camp

Major League University camps are designed to enhance student-athlete performance on and off the field through positive coaching, skill specific training, and leadership development!



High Mountain Fitness

730 Lincoln St. Lander, WY 82520



Register here

[MajorLeagueUniversity.com](https://www.majorleagueuniversity.com)

Baseball & Softball 29-30 April

Saturday: 9am - 12pm

Sunday: 9am - 12pm

Ages 8 - 18 split by age groups

What's Covered

Offensive Fundamentals, Defensive Fundamentals, Pitching Program, Confidence Building, Competitions, Teamwork, and more!

LAC programming is made possible with support from the Lander District Recreation Board and the Trillium Foundation!



Lander Art Center CLASSES

258 Main St., Lander
landerartcenter.com
(307)332-5772

Current Class Listings

ADULT CLASSES

Intro to Mosaics - **THIS SATURDAY-**

This class will teach you how to design and complete an entire mosaic project.

Intro to Illumination and Lettering

Discover the principles behind illuminated lettering with artist Julian Kwasniewski.

Intro to Plein Air Oil Painting

This class is the ultimate introduction for anyone wanting to explore Plein Air and/or oil painting!

Basic Digital Photography

This is a basic DSLR or Mirrorless Camera class taught by Ron Horn.

Open your phone camera
and scan here
to register for class!



REGISTER at landerartcenter.com

COMING SOON!

- Latte Art 101
- Life Drawing
- Acting

Class collaborations with
the Treeline Project,
Wind River Native Advocacy Center
Relative Theatrics
and more!

KIDS CLASSES

Junior Quilters

The Popo Agie Quilters' very own Mary Haper will walk you through how to use equipment, sizing, composition, and sewing techniques.

Creative Minds

After school artistic exploration for ages 9+

Art After School

After school artistic exploration for ages 6-8

Artistic Endeavors Camp

If you're looking for a fun arts camp this summer for 5th-8th graders, you're in luck!

Artistic Adventures Camp

If you're looking for a fun arts camp this summer for grades 3rd-5th, you're in luck!

LANDER ART CENTER

2023 SCHEDULE

Red Desert Audubon Show

through April 15

coordinated by the Red Desert Audubon Society

Student Select

April 24 - May 13

OPENING RECEPTION: Monday April 24, 6p-8p

The Batch

Release Party

Monday, April 24, 6p-8p

Fiadh

Album Release

May 27, 7p

Social Fabric

Stitching of Identity, Style and Expression

June 9 - July 22

OPENING RECEPTION: June 9, 6p-8p

curated by Patti Baldes

15th Annual RiverFest

August 19

North Park, 10a-4p

ONGOING EVENTS

Literary Rug: Tuesdays from 7-9p

The Jam: Saturdays from 10a-12p

错杂 mixed

the nail that sticks out

August 4-September 2

CLOSING PARTY: September 1, 6p-8p

photography by Mei Ratz

Code of the West

community interpretation of Western Art

September 8 - October 21

OPENING RECEPTION: September 8, 6p-8p

Members Show

October 27 - December 16

OPENING RECEPTION: October 27, 6p-8p

Art in the Afternoon

Dec 3,

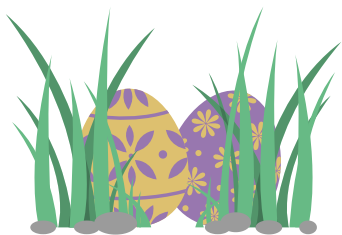
Lander Community Center



258 Main Street

landerartcenter.com

Special Events



Easter Egg Hunt

This is an old fashioned Easter Egg hunt for children ages 2-12 years. This is a free event. Saturday, April 8th, 9:30am at the high school soccer fields. We will have four age groups: 2-3, 4-5, 6-8, and 9-12. Prizes in each age group.

Brewfest

The best little Brewfest in the West! Join us Friday, June 9th from 5pm to 9pm and Saturday, June 10th from 2pm to 7pm at the Museum of the American West, 1443 West Main Street. Expect great beers from over 30 brewers and great musical acts from two different bands. For more information call 307-332-3892, email brewfest@landerchamber.org or visit the website www.landerbrewfest.com.

Lander Cycling

Weekly road rides, weather depending, hosted by the Lander Cycling Club. See our website or instagram for more information. Email at landercycling@gmail.com or visit our website landercycling.org.



Jurassic Classic Mountain Bike Festival

Join us August 17th-20th at Lander City Park for group rides, skills clinics, shuttles in Sinks Canyon, Trail Work, Live Music and Games. For more information, email at landercycling@gmail.com or visit our website landercycling.org.

WYO131 Gravel Race

On September 8th and 9th join us for the ultimate Wyoming cycling experience. 131 mile, 80 mile, and 45 mile courses. Explore the high desert, historic mining towns, and subalpine terrain. Go online at wyo131.org for more information and to register.

Riverfest

Under the iconic cottonwoods of Lander City Park, this annual celebration of the arts has been a tradition for artists and community members alike. Riverfest 2023 will be celebrating 15 years of the Arts in Fremont County at North Park on August 19th. Join us and be a part of this ongoing community tradition as we all develop new ones together!



Summer Swimming Lessons 2023

332-7478

Sign up: There will be continuous sign up at the pool May 2nd throughout the summer.

 Lap Swim	Lessons	Rec Swim
Sun	11:30-1:30pm	None
Mon	5:15-6:15am 7:30-9:00am Noon-1:00pm	9:00-12:00pm 1:00-2:00pm
Tues	5:15-6:15am 7:30-9:00am Noon-1:00pm	9:00-12:00om 1:00-2:00pm
Wed	5:15-6:15am 7:30-9:00am Noon-1:00pm	9:00-12:00pm 1:00-2:00pm
Thurs	5:15-6:15am 7:30-9:00am Noon-1:00pm	9:00-12:00pm 1:00-2:00pm
Fri	5:25-6:15am 7:30-9:00am Noon-2:00pm	None
Sat	11:30-1:30pm	None

Bruce Gresly Aquatic Center

Pool Schedule is at
www.landingschools.org
click on the calendar

Session Dates:

June 5-15

June 19-29

July 10-20

July 24-Aug 3

Cost:

All Lessons are \$36 per session and held Monday through Thursday for 50 minutes. Parent/child lessons are 30 minutes

Lesson Schedule:

7:00-8:00 - Adult Lessons

9:00-9:50 - Levels 1, 2, 3, 4, 5, 6

9:00-9:30 - Preschool

9:30-10:00 - Parent/Child

10:00-10:50 - Levels 1, 2, 3, 4, 5, 6

10:00-10:30 - Preschool

10:30-11:00 - Preschool

11:00-11:50 - Levels 1, 2, 3, 4

11:00-12:00 - Diving

11:00-11:30 - Parent/Child

11:30-12:00 - Preschool

1:00-1:50 - Levels 1, 2, 3, 4, 5, 6
(limited availability)

1:00-1:30 - Preschool

1:30-2:00 - Preschool
(limited availability)

Summer Swimming 2023

Regular Admission

Preschool -6th grade	\$2
7th-12th grade	\$3
Adult	\$4
Senior	\$2
Exercise Class	\$5

6 Month and Yearly Passes

Family (1 year)	\$500
Family (1/2 year)	\$300
Weights only (1 year)	\$150
Weights only (1/2 year)	\$ 75
Single (1 year)	\$180
Single (1/2 year)	\$125

Summer Family Pass

June 5 to August 19	\$150
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Adult Exercise Class

This class uses the resistance of water to tone muscles and moderately raises the heart rate. This low impact exercise helps with strength, circulation, flexibility and overall health. Monday through Friday 7:45-8:30am, cost \$5 per class. Punch cards available: 50 punch card \$200, 25 punch card \$100.

Water Aerobics

This class uses water resistance and other equipment. It is geared toward people who want muscle toning and a rise in heart rate. Monday through Fridays 11:45-1:00pm, cost \$5. Punch cards available: 50 punch card \$200, 25 punch card \$100.



25 or 50 Punch Passes*

Preschool-6th grade	\$40, \$80
7th-12 grade	\$60, \$120
Adult	\$80, \$160
Senior	\$40, \$80
Exercise Class	\$100, \$200

*All punch passes for rec and lap swim expire 1 year from date of purchase

Locker Rental

\$35 for the first year, includes lock





5K walk/run Lander City Park

Suicide Prevention &
Awareness

Volunteer Opportunities!!



Visit our website to become a sponsor www.wynow.org



Special Events

Sinks Canyon Trail Races 50K, 18K, 6K, Kids 1K

<https://www.landerrunning.org/sinks-canyon-trail-races>

Friday, June 9th, 3:30-6:30pm

Race check in and packet pick up at Wild Iris Mountain Sports at 166 Main Street

Saturday, June 10th

All race day events are at Bruce's Parking Lot located in Sinks Canyon

5:00am - 50k racer check in

6:15am - 50k race start

7:00am - 18K & 6K racer check in

8:00am - 18K race start

8:30am - 6K race start

10:30am - Wyoming Running Kids 1K race start

11:00am-4:00pm - Finish line festivities

The Sinks Canyon Trail Races start and finish in beautiful Sinks Canyon, the corridor to Wyoming's Wind River Mountains. You can expect scenery that includes wildflower heaven, snow and ice covered peaks, deep canyons, enormous views, and fun trails. These races are hosted by the Lander Running Club, an inclusive, community-based organization for and by runners. Join us for a fun, and challenging, day of running some of the West's premier trails.

2023 Challenge for Charities Lander Half Marathon, 5K, and 1 Mile

Kick off your 4th of July with an event you can be proud of!

The Lander Half Marathon is a must-do road running event that ascends the continuous but gradual climb up Baldwin Creek and then descends Squaw Creek. Runners experience breathtaking views of green fields, winding creeks, dramatic red bluffs, and inspiring glimpses of the Lander foothills.

The 5K course leads runners through town to McManus Park and then joins up with the Half Marathon course to finish.

The 1 mile is out and back on Main Street with some of the best cheering you can imagine.

All races start and finish at Centennial Park on Main Street.

Tuesday, July 4, 2023

6:00am - Half Marathon (course closes at 9:30)

6:30am - 5K Wave Start (course closes at 9:30)

9:05am - 1 Mile Wave Start (course closes at 9:30)

<https://www.landercommunityfoundation.org/c4crace>





Fitness

Anytime Fitness Center

Anytime Fitness is under new management! We offer numerous opportunities for your fitness needs. The gym offers personal training, small group training, nutrition coaching, free weights, Nautilus, racquetball and MORE! Members also have 24/7 access to the gym. For more information, call 307-332-2811 or come see Whitney, the new owner, at 943 Amoretti Street.

High Mountain Fitness

High Mountain Fitness offers a premier weight room, basketball court, pickleball courts, walking track, cardio studio, and locker rooms in a 21,000 square foot facility located at 730 Lincoln Street. Come join our 24-hour fitness community with competitively priced memberships for an individual, couple, or family; no contracts required. Personal and small group training available. Like us on Facebook! facebook.com/highmtnfitness.



Awaken Fitness

One work out at a time. One meal at a time. One day at a time. Awaken is more than just a gym, it's a fitness and wellness experience completely tailored to your individual needs. The center is co-owned by Siobhan Fahey, a nutritionist/personal trainer and Annie Cook, a clinical scientist, who partnered together to help you begin your wellness journey with a plan that is unique to your individual physiology. Awaken Fitness and Wellness offers all members full access to our top of the line fitness center, and with an additional membership, you can enjoy our infrared sauna and cold plunge tank to stimulate recovery and decrease inflammation. Additionally, we have a float pod, protein bar, and group fitness classes. For more information please call the gym at 307-206-1079 or www.awakenfitnesscenter.com.

Renegade Fitness

Renegade Fitness offers group training sessions that combine weightlifting, cardio, and bodyweight movements. Workouts are individualized to meet you where you're at in your fitness journey. Daily workouts vary so your first week is on us! Give it a week and then make your choice. This summer we are also introducing our Living Stronger class for adults aged 55+. This class will focus on strength, balance, posture, and mobility with daily workouts utilizing limitations and current fitness levels, with the ultimate goal of maintaining independence and improving quality of life. Call Robyn (307) 349-0523 or Nik at (307) 351-2699 to sign up. Summer Schedule Monday-Friday 6:00am, 4:30pm and 5:30pm

Monday, Wednesday, Friday- 5:00am and 8:00am

Living Stronger (ages 55+) Mon, Wed, Fri 11:00am-Noon

Fitness and Other Service Providers

Lander Bodyworks, Inc

Lander Bodyworks is a fitness studio located at 485 N 4th St in Lander. We offer personal training, small group training, spin, spin strength, HIIT, Shred, Ro-Worx, Burn, MTN Tough, Zumba, Barre, Yin Yoga, Buti Yoga, Vinyasa Flow. When you come to Lander Bodyworks you feel the supportive, positive energy of the people training there. Whether you are trying to lose weight, gain strength, or train for a triathlon, we can help you meet your goal. **For more information go to www.landerbodyworks.com**

Elemental Performance & Fitness

Elemental Performance + Fitness is a climbing and fitness gym that offers the most focused and effective training available in Fremont County. Our facility offers a full range of cardiovascular equipment, barbells, dumbbells, kettlebells as well as access to TRX, training ropes, drive sleds and much more. We also have a bouldering gym, hangboards, campus board and grasshopper board. We have a wide variety of membership rates to make sure that there is an option that works best for you. Visit us in person at 134 Lincoln Street, call 332-0480 or visit www.lmntl.net for more information. For youth climbing programming visit www.lmntl.net/youth-climbing/.



The Dance Academy

The Dance Academy offers beginning through advanced levels. We will be offering summer dance classes in ballet, jazz, hip-hop, tumbling, and modern for ages 5 on up. To register, please contact Susan Cooper at 307-349-8748 or visit our website at www.landerdanceacademy.com. Boys and girls of all ages are welcome! The Dance Academy is located at 445 Lincoln Street, Suite 2.



Rising Star Gymnastics

Rising Star Gymnastics offers a wide variety of classes for ages 2 and up. Call (801) 228-7805 to schedule your child in a year round program to keep them physically active and gain confidence and strength. We also offer birthday parties, Nerf gun and laser tag wars, as well as Parents Night Out and open gym. Like us on Facebook at [risingstargymnastics](https://www.facebook.com/risingstargymnastics).

Other Service Providers

Lander Adult Softball League

The Lander Adult Softball Association schedules adult league coed slow pitch softball games, including a season ending tournament in June and July. Games are played on Tuesday and Thursday evenings at the Lander Softball Complex. For more information contact Brenda at 307-209-8169 or email brendabalderston85@gmail.com.

Lander Baseball Association

The Lander Baseball Association is a parent run program. Leagues for Tball (4-6), Rookies (7-8), Minors (9-10), Majors (11-12). Please contact Tom Massey at 307-349-1556 for more information. For Sr Babe Ruth (13-19) please contact Kelly Rees at 307-851-5089. For Legion (13-19) please contact Paula Kihn at 307-349-3875.

Cowboy State Baseball League

Cowboy State Baseball League is an adult baseball league. We have tournaments in August. Pick up games are on Sunday afternoons, weather permitting. All skill levels are welcome. Contact us on Facebook or call Travis Foutz at 307-349-4610.

Girls Fast Pitch Softball

This program is run by the Lander Girls Fast-Pitch Softball Association. We have three age divisions for girls of all skill levels from ages 4 to 18. Registration deadline is April 14. Practice will be held on Mondays and Wednesdays through the end of June. Games will begin May 15. Fee is \$75. For more information, please email landergirlssoftballleague@gmail.com.

Lander Striker Soccer

Lander Strikers is a competitive youth soccer organization dedicated to promoting, encouraging, and improving soccer in Lander, Wyoming. We offer children of all ages and abilities the opportunity to enjoy and learn the game of soccer in a positive environment at a competitive level. Enrollment into the Striker program is open to any soccer player with a good attitude, a passion for soccer, and a competitive spirit. Please Contact landerstrikerssoccer@gmail.com.

Lander Thunder Soccer

Lander recreation soccer league has a new name-say hello to Lander Thunder! Join us for another great season of rec soccer for ages 5 and up. To register or to find out more please visit us online at www.landersoccer.org. Please email landersoccer@gmail.com if you have questions.





Other Service Providers

Lander Jr Football League

Lander Jr football is open to boys and girls in 3rd through 6th grade. Fees for 3rd-4th grade is \$60 and fees for 5th-6th grade is \$70. Registration will be in August at the Parks and Rec Building. For more information please contact Eric Baker at 503-551-8801 or Chris Eagle at 307-349-2221.

Blue Victory TaeKwonDo

The Blue Victory class schedule is ongoing. The beginner and children classes are held on Mondays and Wednesdays from 5:30-6:30 pm. Adult and advanced classes take place on Mondays and Wednesdays from 6:30-7:30 pm. Classes begin at age 5. The studio is located at 321 Washakie Street. For more information visit bluevictorytkd.com or call 307-332-7447.

Lander Diving Club

The Lander Diving Club is an age group, one meter and three meter diving program affiliated with USA Diving. Divers are taught basic fundamentals through competitive diving skills by USA Diving certified coaches. For more information email landerdivingclub@gmail.com

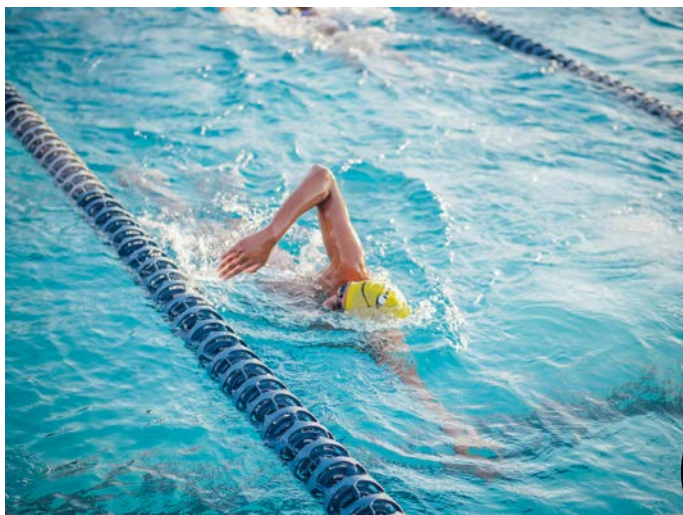


Wind River Dojo

Wind River Dojo specializes in Judo and Brazilian Jiu Jitsu. We offer high quality instruction and a friendly environment in which everyone is welcome to come and learn various forms of self defense, grappling, and striking. Whether you are looking for a new sport, self defense or you're just looking to be physically active and have fun, we have something for everyone. We accept students starting at 6 years old. Instructors - Marcio Paes Barreto is a Judo Black Belt with many years experience as an instructor. Patrick Hall is a BJJ Black Belt under Finnie McMahon and the Renzo Gracie Fight Team. Our classes, both youth and adult, are on Monday and Wednesday nights from 6-7pm. Location - Wyoming Army National Guard Lander Armory at 31 Leedy Drive. Visit windriverdojo.org for more information.

Lander Swim Club

The Lander Swim Club is a competitive age swimming team affiliated with the United State Swimming Association (USS). Swim meets are held throughout the state on weekends and all swimmers are encouraged to attend any they desire and are required to swim in one home meet per year. Anyone who enjoys swimming is invited to join. All swimmers are taught the four competitive strokes; freestyle, back, breast, and butterfly by qualified USS coaches. For more information call the pool at 332-7478 or visit landerswimclub.org.



Other Service Providers

Child Development Services

CDS is a non-profit organization that links parents and families with Developmental Preschool Programs throughout the state and provides therapeutic and educational services to preschool children with developmental delays. CDS provides free developmental screenings across Fremont County. Our mission is to provide early childhood education and intervention services for families with infants and preschool children with developmental disabilities and delays. Get in touch at 307-332-5508 or contactcds@cdsfc.org.

Fremont County Public Health

COVID walk in vaccinations are available in both Lander and Riverton. Riverton vaccinations are on Tuesdays and Lander vaccinations are on Wednesdays. All other vaccinations are open to walk ins any time and flu shots will be offered in October. For more information please contact the Lander office at 307-332-1073. The office is open on Mondays and Wednesdays from 9am-11am and 1pm-4pm.



Lions and Kiwanis Picnic Shelters, Gazebo, Dillon, Centennial Park

The Lions and Kiwanis shelters have cooking and serving facilities for almost any size group. The City Park Gazebo, Dillon Park, and Centennial Park are covered seating areas only. The shelters are on a reservation basis only. A refundable key deposit is required for the two shelters with the grills. Please go to the www.landerwyoming.org, parks and recreation tab, online registrations and shelter reservations to book your shelter today! You can also call the office at 307-332-4647.

Lander Outdoor Rodeo Arena

The Lander outdoor arena is available for rental or individual open riding. Please call the Parks and Recreation office at 332-4647 for scheduling, reservations, and more information.





Play • Learn • Grow

Absaroka, Inc. Head Start
offers free quality preschool to
eligible families here in Lander

Now recruiting income eligible
3 and 4-year-old children
for our upcoming school year

For more information,
please contact

Lander Head Start Center

307-332-5559

www.abshs.org

This institution is an
equal opportunity provider



GARDEN EXPO

BACKYARD & OUTDOOR LIVING

Free
Saturday

April 22, 2023

9:00am to 3:00pm

Lander Valley High School
(350 Baldwin Creek Rd.)

The Garden Expo is a family-friendly event geared toward folks that enjoy gardening, enhancing their backyard or getting outdoors.

WORKSHOPS

Houseplants

Grape Varieties For Wyoming

Tomato Problems

Spring Water Outlook For Fremont County

Edible Foraging In The Winds

Attracting Hummingbirds

Food Preservation 101

Gardening Myth Busters Panel

Canning Your Own Food

What Kind Of Fertilizers Are Best?

CWC Farm Incubator Program



visit popoagie.org for details

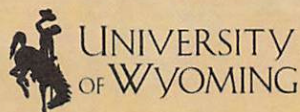
Tradeshow

Kid's Corner

Petting Zoo

Concessions

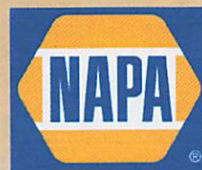
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Extension



Thank you to our sponsors



Join us at City Park!

July 21st – 22nd



WYNOW
WYOMING YOUTH NOW FOUNDATION



Corn Hole Tournament
Live Music – Dunk Tank – Raffle Drawings
Games for all!



